<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:15-7:55 a.m.</td>
<td>Breakfast and Registration</td>
</tr>
</tbody>
</table>
| 7:55-8:00 a.m. | Welcome and Announcements  
*Jason L. Zaremski, MD, CAQSM* |
| 8:00-8:20 a.m. | *Overhead Throwing Session*  
**Myth vs Reality: The Tommy John “Problem”**  
*Jason L. Zaremski, MD, CAQSM* |
| 8:20-8:40 a.m. | *Scapular Mechanics in Overhead Athletes: Don’t Forget to Look Behind*  
*Brady L. Tripp, PhD, ATC* |
| 8:40-9:00 a.m. | *Preventing Throwing Injuries by Looking at the Hip*  
*Kevin W. Farmer, MD* |
| 9:00-9:15 a.m. | Q&A                                                                     |
| 9:15-10:00 a.m. | *Featured Speaker*  
**Evidence and Indications of Platelet-Rich Plasma Therapy in the Injured Athlete**  
*Evan Peck, MD, CAQSM* |
| 10:00-10:15 a.m. | Q&A                                                                     |
| 10:15-10:30 a.m. | Break and Exhibits                                                     |
| 10:30-10:55 a.m. | *Rehabilitation After Labral Surgery in Athletes*  
**The Shoulder**  
*Marty Huegel, PT, M.Ed* |
| 10:55-11:20 a.m. | *The Hip*  
*Timothy Shay, PT, MS, ATC/L, OCS, CSCS* |
| 11:20-11:35 p.m. | Q&A                                                                     |
| 11:35-12:35 p.m. | Lunch and Exhibits  
*Optional Elbow Ultrasound Live Demo*  
*Evan Peck, MD, CAQSM* |
| 12:05-12:35 p.m. |                                                            |
Featured Speaker

12:35-1:15 p.m.  The Challenges Associated with Exertional Chest Pain in Athletes: Diagnosis, Management and Counseling  
Floyd W. Burke, MD, FACC, FASNC

1:15-1:30 p.m.  Q&A

1:30-1:45 p.m.  Break and Exhibits

Head and Neck Session

1:45-2:05 p.m.  Stingers and Burners – What is the evidence?  
M. Seth Smith, MD, CAQSM

2:05-2:25 p.m.  What’s New in Concussion Research  
James R. Clugston, MD, MS

2:25-2:40 p.m.  Q&A

Special Topics

2:40-3:00 p.m.  Musculoskeletal Ultrasound Usage in Sports Medicine  
Evan Peck, MD, CAQSM

3:00-3:30 p.m.  Sleep and Sports Performance  
Stephan Eisenschenk, MD

3:30-3:45 p.m.  Q&A

3:45-4:00 p.m.  Announcements and Adjourn